



Alamo Area Aquatic Association

www.aaaa-sa.org

Meet Information

Posted

- Meet:** University of the Incarnate Word (SCM) Masters Meet
- Sanction:** Sanctioned by STLMSC for USMS Inc. Sanction number: 4309-78209-01.
- Date(s):** Saturday and Sunday, November 21-22, 2009
- Venue:** Ann Barshop Natatorium
4301 Broadway
San Antonio, Texas 78209
210-324-2403
- Facility:**
- 7- 25 Meters lanes
 - 5 to 18-feet deep
 - Daktronics Timing System
 - Concessions available
 - Seating for 200
- Eligibility:**
- This meet is sanctioned by South Texas Masters Swimming for USMS, Inc
 - Open to all swimmers age 18 and older as of December 31, 2009 who are currently registered with United States Masters Swimming (USMS)
 - Unregistered swimmers will not be allowed to compete
 - Copy of USMS card to be sent with entry
 - Per USMS rules (102.2.2), your age group will be determined by the age as of December 31, 2009
 - This meet is a great opportunity to get a National Top Ten in your age-group for short course meters!
- Liability**
- In granting a sanction for this meet, it is understood and agreed that USMS Swimming, Inc., South Texas Master Swimming, (STLMSC), the Alamo Area Aquatic Association (AAAA), the San Antonio I.S.D., and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet
- Rules:**
- The 2009 US Masters Swimming Rules will apply.
- Format:**
- Individual events
 - Timed finals
 - No qualifying times - unclassified
- Entry Restrictions:**
- This meet is open to all currently USA Master Swimming registered swimmers
 - Age as of December 31, 2009 determines age for the entire meet
 - Maximum of 4 events per day
- Entry Deadline:**
- 6:00 PM, Thursday, November 19, 2009
 - Late / Deck entries, Yes!
- Entry Procedures**
- It is recommended that entries be submitted by Hy-Tek Commlink disk or File
 - Hard copy must accompany
 - Please format disks before utilizing for entries
 - Please do not send entries by Express, Overnight Mail, etc., without a wavier of signature
 - Teams have the option of entering with the attached entry sheet.
 - Handwritten entries, delivered or via "snail mail" are also acceptable

Entry Fees:

- Normal \$40.00 per swimmer – includes heat sheet
- Entering only a single event \$15.00 per swimmer
- Late \$45.00 deck entries
- Late entering swimmers must be prepared to present their current Master's Registration Card

Relays \$10.00 per
Late Relays \$15.00 per

Checks

Payable to: • T.E.S.T.

**Meet Director/
Host Coach/
Entry Chair:**

Adrian Montoya
PO Box 6091
San Antonio, TX 78209
210-324-2403
amontoya12@alamo.edu

Meet Referee: TBD

San Antonio, TX

Warm-ups: Warm-ups will be conducted in accordance with the current STLMSC Policies.

Time trials: None

Scratch

Rules: There are no penalties for scratching from a pre-seeded, timed final meet. However, known scratches will allow for additional entries.

Scoring: None!

Awards: None!

Schedule: Warm-ups begin at 8:00 AM
Competition begins at 9:00 AM

Timers: Assistance with backup timing will be needed and appreciated

Officials: All currently certified and in training USMS and USA Swimming officials are cordially invited to participate

**Nearby
Hotels**

and Motels: Please follow this URL: <http://www.aaaa-sa.org/Accs.htm#SA>

Saturday, November 21, 2009		
Women's Event Number	Stroke and Distance	Men's Event Number
1	<i>200 Medley Relay</i>	2
	Ten Minute Break	
3	100 Individual Medley	4
5	400 Freestyle	6
7	100 Breaststroke	8
9	100 Butterfly	10
	Ten Minute Break	
11	50 Freestyle	12
13	50 Breaststroke	14
	Five Minute Break	
15	200 Individual Medley	16
17	100 Backstroke	18
	Five Minute Break	
19	<i>400 Medley Relay</i>	20
Sunday, November 22, 2009		
21	<i>200 Freestyle Relay</i>	22
	Five Minute Break	
23	200 Butterfly	24
25	200 Freestyle	26
27	200 Breaststroke	28
	Ten Minute Break	
29	50 Backstroke	30
31	400 Individual Medley	32
33	100 Freestyle	34
	Ten Minute Break	
35	50 Butterfly	36
37	200 Backstroke	38
	Ten Minute Break	
39	<i>400 Freestyle Relay</i>	40
	Five Minute Break	
41	<i>800 Freestyle Relay</i>	42



UNIVERSITY OF THE INCARNATE WORD

RELEASE, WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT
for use of ATHLETIC FACILITIES and EQUIPMENT

Please print.

- 1. PARTICIPANT
a. Name
b. Address (Street, City, State, Zip)
c. Date of birth
2. FACILITY: Athletic Facilities and Equipment on the UIW campus, including but not limited to: Richard and Janet Cervera Wellness Center, Ann Barshop Natatorium, Clarence Mayberry Tennis Center, UIW track and fields and sand volleyball courts, and all other UIW premises.

Authority: I represent and acknowledge by my signature below that I am the above-named Participant and I will be utilizing the University of the Incarnate Word (UIW) Athletic Facilities and Equipment. I represent and acknowledge by my signature below that I am at least eighteen years of age and am fully competent to sign this Agreement. I acknowledge that I am signing this Release, Waiver of Liability and Hold Harmless Agreement on my behalf and I agree to be bound by the terms of this Release, Waiver of Liability and Hold Harmless Agreement.

Assumption of Risk: I acknowledge that using the UIW Athletic Facilities and Equipment may expose me to hazards or risks that may result in my illness, personal injury or death and I understand and I accept all risk to my health, including any injury or death that may result. I recognize and acknowledge that certain risks of harm are or may be inherent in the various activities contemplated and that the UIW cannot control all of these risks. I acknowledge there may be physically strenuous activities and certify by my signature that I am physically fit and able to participate and I know of no medical reason why I should not participate. I agree that while making use of the UIW Facilities and Equipment, I will abide by the rules and guidelines set forth by UIW and to adhere to all other applicable rules, regulations, and laws. I pledge that I will not consume alcoholic beverages or illegal drugs at any time while making use of the UIW Facilities and Equipment and will not attempt to make use of the UIW Facilities and Equipment while I am under the influence of alcohol or non-prescribed drugs. I understand that UIW will not be responsible for any medical expenses associated with any property or personal injury I may sustain.

Release: In consideration of UIW permitting me to use the UIW Athletic Facilities and Equipment as set out above, I release UIW, its Board of Trustees, officers, employees, and representatives from any and all liability to me, my personal representatives, estate, heirs, and assigns for any and all claims, demands and causes of action for any and all loss of personal property, illness or injury to me, including my death, arising out of, resulting from, caused by, occurring during or in any way connected with the use of the UIW Facilities and Equipment, including injuries caused by negligence of UIW and/or its Board of Trustees, officers, employees, and representatives, or any other participant that may be sustained by me while making use of the UIW Facilities and Equipment, or while on premises owned or leased by UIW.

Indemnity, Hold Harmless, and Waiver: I agree to indemnify and hold harmless, waive and covenant not to sue UIW, and its Board of Trustees, officers, employees, and representatives from liability for the injury or death of any person(s) and damage to property that may result from my negligent or intentional act or omission while making use of the UIW Facilities and Equipment. It is my express intent that this Covenant Not to Sue and Agreement to Hold Harmless shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representatives, if I am deceased, and shall be governed by the laws of the State of Texas.

I HAVE CAREFULLY READ THIS AGREEMENT AND UNDERSTAND THAT IT IS A RELEASE, WAIVER AND HOLD HARMLESS OF LIABILITY OF ALL CLAIMS AND CAUSES OF ACTION FOR ANY INJURY OR DEATH TO MYSELF THAT OCCURS WHILE PARTICIPATING AND USING THE UIW FACILITIES AND EQUIPMENT AND IT OBLIGATES ME TO INDEMNIFY THE PARTIES NAMED FOR ANY LIABILITY FOR INJURY OR DEATH OF ANY PERSON AND DAMAGE TO PROPERTY CAUSED BY MY NEGLIGENCE OR INTENTIONAL ACT OR OMISSION.

This document will be considered effective on the date signed and shall be governed by the laws of the State of Texas.

Participant's Signature: Date Signed: